



Keep the UK's hands squeaky-clean

It's more important than ever to properly wash our hands.

But it doesn't have to be boring!

You're going to make up a hand-washing dance – inspired by viral dance crazes – that brings a heap of fun to keeping clean. Sketch the moves here or get your parents to record your dance.

Use the NHS' hand-washing advice as your guide:
[nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands](https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands)

Get your soap at the ready – good luck!



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squeaky-clean*

NAME:

AGE:

SCHOOL:

NAME OF YOUR DANCE:
